



Please print

For office use only
ID #

Rating
Period #

Days in
interval:

BRIEF PROBLEM MONITOR FOR AGES 18-59 (BPM/18-59)

FULL NAME OF PERSON BEING RATED	First	Middle	Last	PERSON'S GENDER	PERSON'S AGE	PERSON'S BIRTHDATE (if known) Mo. ____ Day ____ Year ____
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PLEASE COMPLETE THIS FORM BY: Mo. ____ Day ____ Year ____ TODAY'S DATE: Mo. ____ Day ____ Year ____	THIS FORM FILLED OUT BY: (print your name) _____ _____	Your relation to person being rated: <input type="checkbox"/> Self <input type="checkbox"/> Other (specify): _____
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Below is a list of items that describe people. Please rate each item to describe the person being rated (or yourself, if rating yourself) **now or within the last ____ days**. Please circle the **2** if the item is **very true**. Circle the **1** if the item is **somewhat true**. If the item is **not true**, circle the **0**. **Please rate all items as well as you can, even if some do not seem to apply to the person being rated (or to yourself, if rating yourself).**

0 = Not True (as far as you know)			1 = Somewhat True			2 = Very True			Comments
0	1	2	0	1	2	0	1	2	
0	1	2	1.	Can't concentrate, can't pay attention for long	_____	_____	_____	_____	_____
0	1	2	2.	Feels worthless or inferior	_____	_____	_____	_____	_____
0	1	2	3.	Impulsive or acts without thinking	_____	_____	_____	_____	_____
0	1	2	4.	Lacks self-confidence	_____	_____	_____	_____	_____
0	1	2	5.	Not liked by others	_____	_____	_____	_____	_____
0	1	2	6.	Trouble planning for the future	_____	_____	_____	_____	_____
0	1	2	7.	Fails to finish things that should be done	_____	_____	_____	_____	_____
0	1	2	8.	Poor work performance	_____	_____	_____	_____	_____
0	1	2	9.	Trouble setting priorities	_____	_____	_____	_____	_____
0	1	2	10.	Trouble making or keeping friends	_____	_____	_____	_____	_____
0	1	2	11.	Very changeable behavior	_____	_____	_____	_____	_____
0	1	2	12.	Trouble making decisions	_____	_____	_____	_____	_____
0	1	2	13.	Hot temper	_____	_____	_____	_____	_____
0	1	2	14.	Threatens to hurt people	_____	_____	_____	_____	_____
0	1	2	15.	Unhappy, sad, or depressed	_____	_____	_____	_____	_____
0	1	2	16.	Feels they can't succeed	_____	_____	_____	_____	_____
0	1	2	17.	Gets upset too easily	_____	_____	_____	_____	_____
0	1	2	18.	Too impatient	_____	_____	_____	_____	_____
Additional items									
0	1	2	_____	_____	_____	_____	_____	_____	_____
0	1	2	_____	_____	_____	_____	_____	_____	_____
0	1	2	_____	_____	_____	_____	_____	_____	_____

Please be sure you answered all items.

