



Please print

For office use only
ID #

Rating
Period #

Days in
Interval:

BRIEF PROBLEM MONITOR-YOUTH FORM (BPM-Y) FOR AGES 11-18

YOUR FULL NAME	First	Middle	Last	YOUR GENDER	YOUR AGE	YOUR BIRTHDATE Mo. _____ Day _____ Year _____
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COMPLETE THIS FORM BY:
Mo. _____ Day _____ Year _____
TODAY'S DATE
Mo. _____ Day _____ Year _____

Below is a list of items that describe kids. Please rate each item that describes you **now or within the past days**. Please circle the **2** if the item is **very true** of you. Circle the **1** if the item is **somewhat true** of you. If the item is **not true** of you, circle the **0**. **Please answer all items as well as you can.**

0 = Not True

1 = Somewhat True

2 = Very True

Comments

- | | | | | |
|---|---|---|---|-------|
| 0 | 1 | 2 | 1. I act too young for my age | _____ |
| 0 | 1 | 2 | 2. I argue a lot | _____ |
| 0 | 1 | 2 | 3. I fail to finish things I start | _____ |
| 0 | 1 | 2 | 4. I have trouble concentrating or paying attention | _____ |
| 0 | 1 | 2 | 5. I have trouble sitting still | _____ |
| 0 | 1 | 2 | 6. I destroy things belonging to others | _____ |
| 0 | 1 | 2 | 7. I disobey my parents | _____ |
| 0 | 1 | 2 | 8. I disobey at school | _____ |
| 0 | 1 | 2 | 9. I feel worthless or inferior | _____ |
| 0 | 1 | 2 | 10. I act without stopping to think | _____ |
| 0 | 1 | 2 | 11. I am too fearful or anxious | _____ |
| 0 | 1 | 2 | 12. I feel too guilty | _____ |
| 0 | 1 | 2 | 13. I am self-conscious or easily embarrassed | _____ |
| 0 | 1 | 2 | 14. I am inattentive or easily distracted | _____ |
| 0 | 1 | 2 | 15. I am stubborn | _____ |
| 0 | 1 | 2 | 16. I have a hot temper | _____ |
| 0 | 1 | 2 | 17. I threaten to hurt people | _____ |
| 0 | 1 | 2 | 18. I am unhappy, sad, or depressed | _____ |
| 0 | 1 | 2 | 19. I worry a lot | _____ |
| | | | Additional items | |
| 0 | 1 | 2 | _____ | _____ |
| 0 | 1 | 2 | _____ | _____ |
| 0 | 1 | 2 | _____ | _____ |

Please be sure you answered all items.

